



THE I LOVE TRAIN

Parent Body Workshop

Ridgecrest Conference Center

Ridgecrest, North Carolina

TEAM PRESENTERS: SANDRA CROWDER, PEGGY OWENS,
ROSETTA DUNHAM, VERDELLE CUNNINGHAM, CAMRYN IVEY,
EFFIE WOODARD

STOP ONE

**The Constitutional Platform:
Mrs. Sandra B. Crowder,
International President**

”BE KIND AND COMPASSIONATE
TO ONE ANOTHER” EPHESIANS 4:32



PARENT BODY LEADERS'
AFFIRMATION (IN UNISON)

**“I WILL LEAD WITH EMPATHY.
I WILL SERVE WITH COMPASSION.
I WILL HONOR GOD
IN HOW I CARE FOR OTHERS.”**



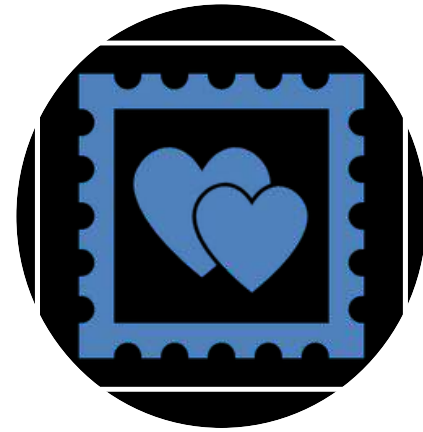
JOURNEYING TO LEAD WITH EMPATHY AND COMPASSION

Leadership is not just about direction – it is about connection. Anyone can give instructions, but it takes a transformed heart to truly understand, care for and walk with people.

- **LISTEN MORE THAN YOU SPEAK.**
- **ACKNOWLEDGE FEELINGS.**
- **BE PRESENT.**
- **ENCOURAGE AND AFFIRM.**
- **EXTEND GRACE.**



The Purpose of the W.H&O.M. Society



“Does Empathy and Compassion Matter?”



Empathy responds with understanding.



Compassion moves leaders to action.



The PURPOSE of the W.H.&O.M. Society of the A.M.E. Zion Church is to:

1. Promote growth in the knowledge and understanding of God and His plan of redemption for the world as revealed through Jesus Christ and the power of the Holy Spirit
 - * Equip people globally to experience God’s love, grace, and transformative purpose.
 - o Make disciples of Christ.
2. Teach the concepts of Christian missions and provide experiences for participation in mission work and its ministries,
 - o Evangelism
 - o See the church as a worldwide community (global)
 - o Support Ecumenism; believe in partnerships and sharing
 - o Work for justice, peace, and the integrity of the natural world (environmental stewardship)





3. Exemplify the principles of Christian living and to win others to Christ

- Read the Bible.
- Develop a strong Prayer life.
- Rely on the Holy Spirit.
- Go to church.
- Witness (testimony).
- Love God with all your heart.
- Obey the commandments.
- Resist temptation.
- Have order in your life.

4. Promote world Evangelism, and

- Share the message of Christ across cultures and nations. Make disciples of all nations.
- Encourage support of mission projects.

5. Serve as a financial support system to undergird the world mission outreach of the A.M.E. Zion Church, at home and overseas,

- Responsible for financial assessments,
- Support departments of Global Missions and Church Growth and Extension.

to the end that, through the power of the Holy Spirit, Christ is exalted, and God is glorified.

Your Leadership map for the Excursion.

District President and Missionary Supervisor

District President understands that Connectional directives come from the Missionary Supervisor.

District President supports the outreach ministries of the Connection and Episcopal District via the Missionary Supervisor.

District President sends a copy of quarterly reports to the Missionary Supervisor.

District President attends the missionary convocations, meetings, and programs of the Missionary Supervisor.

In leadership,
relationships matter most.





Your Leadership map for the Excursion.

District President assures that the District WH&OM Society is organized.

District President plans an annual District leaders training.

District President supports each missionary department and its programs and outreach opportunities.

District President embraces the gifts and talents, and creativity, and contributions of each district officer.

In leadership,
relationships matter most.

**District President and
District Officers**



Your Leadership map for the Excursion. District President and Local President



District President supports, encourages, and mentors the Local President.



District President receives reports from the Local President.



District President provides training to the Local President.



District President supports the outreach ministries of the Local President and local society.

In leadership,
relationships matter most.

District and Local Presidents Serve with Ecumenical Partners



Ecumenical Affiliates and Outreach is encouraged at the Connection, District, and Local levels of the Society. Are you organized? Do you have Ecumenical Representatives on the District and Local levels? Do you know who the Connectional Representatives are?

ECUMENICAL AFFILIATES:

NATIONAL COUNCIL NEGRO WOMEN (NCNW) -

to advocate for women: social justice, education, and health

WORLD FEDERATION OF METHODIST AND UNITING CHURCH WOMEN -

to focus on spiritual growth, social justice

CHURCH WOMEN UNITED -

to work for peace and justice

NATIONAL ASSOCIATION ADVANCEMENT COLORED PEOPLE (NAACP) -

to fight Racism and Injustice

ECUMENICAL OUTREACH:

- The Black Women's Agenda, Inc. – to protect the rights of women.
- The Balm in Gilead – to promote health ministries, to combat health disparities
- Children's Defense Fund – to build community so young people grow up with dignity, hope, and joy.
- Bread for the World – to eradicate world hunger

Ride the Love Train to the WH&OMS DISTRICT MASS MEETING



Shall be held quarterly in each Presiding Elder District with the District Officers in charge of planning and executing the program.

Inspire missionary zeal and enthusiasm throughout the District by the use of attractive programs and new methods of presentation

Receive the funds sent by local Societies.

Inspire workers by concrete presentations of the needs in the field at home and abroad.

Whether your Mass Meeting is a stand alone meeting or a part of a joint meeting with other departments, fulfill the purpose of the mass meeting.

STOP TWO

Strategic Planning Platform I:

Global Collaborative

Peggy Owens,

First Vice President



The Responsibilities of the First Vice President

- Shall assist the International President
- Preside in her absence and assume responsibilities assigned by the Executive Board.
- Promote the Communion Offering at the Quadrennial Convention
- Promote the Second Mile Project
- Mary Gaither Meeks Luncheon
- Agape Sunday
- Vilma D. Leake Walk-A-Mile for Second Mile





The Second Mile Project

- Dr. Abbie Clement Jackson, General President (1955-1963)
- A 10 Point Program
- The birth of the Second Mile Offering(Special Projects)
- Report twenty-five cent per member at each Mass Meeting
- The first report made in 1959 was \$2,000.00(Livingstone College)
- The first report made in 1961 was \$500 (Foreign fields)



The Second Mile Project

- Mrs. Elise Keyes First Vice President (1955-1963)
- First Chairperson of the Second Mile Project
- Purpose: to provide financial support to home and overseas missions conferences.
- Serve as a financial support system to ungird the world mission outreach of the African Methodist Episcopal Zion Church, at home and overseas, to the end that, through power of the Holy Spirit , Christ is exalted , and God is glorified.

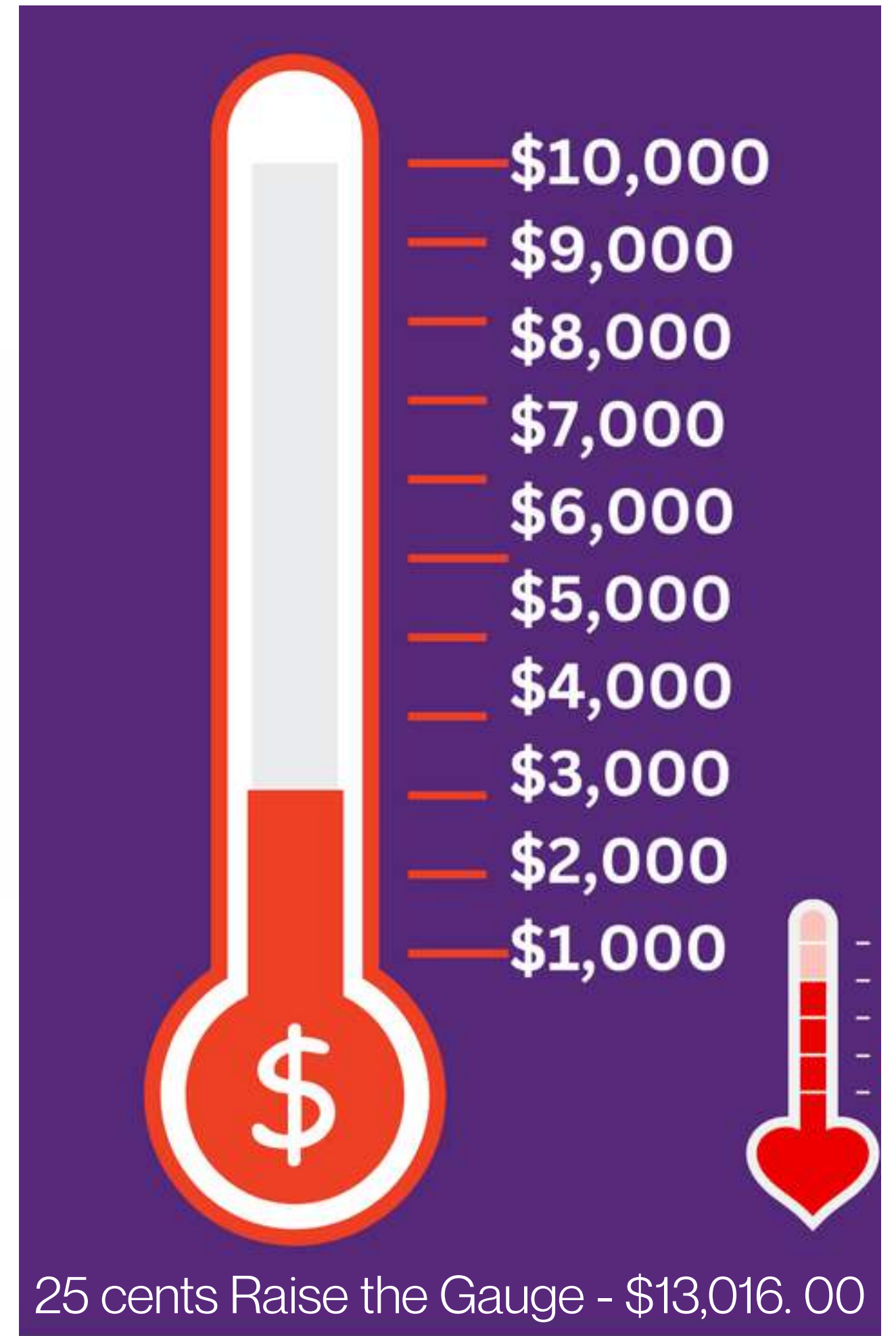


Second Mile Observance Toolkit



Overseas Missions Areas

- | | | |
|--|-------------------------------------|--------------------------|
| 1. Angola 🇳🇬 | 11. Haiti 🇸🇩 | 21. South Africa 🇿🇦 |
| 2. The Bahamas 🇧🇸 | 12. Jamaica 🇯🇲 | 22. South Korea 🇰🇷 |
| 3. Barbados 🇧🇧 | 13. Kenya 🇰🇪 | 23. Suriname 🇸🇷 |
| 4. Burundi 🇷🇺 | 14. Liberia 🇸🇯 | 24. Trinidad & Tobago 🇹🇩 |
| 5. Cote Di'Voire 🇸🇳 | 15. Malawi 🇲🇼 | 25. Togo 🇸🇪 |
| 6. Democratic Republic of the Congo 🇨🇩 | 16. Mozambique 🇲🇵 | 26. Uganda 🇺🇬 |
| 7. England 🇬🇧 | 17. Namibia 🇳🇦 | 27. Zimbabwe 🇿🇼 |
| 8. Ghana 🇬🇭 | 18. Nigeria 🇳🇬 | |
| 9. Guyana 🇬🇾 | 19. Rwanda 🇷🇼 | |
| 10. India 🇮🇳 | 20. St. Vincent & The Grenadines 🇻🇨 | |



STOP THREE

Fiscal Fare Platform I:

Rosetta Dunham,

Executive Director

The Centralized Office Purpose and Time-Line

Purpose: The Centralized Office is for the maintenance of records and day-to-day operations of the Women's Home and Overseas Missionary Society.

Time-Line:

1987: At the WH&OMS 21st Quadrennial Convention a Resolution was submitted for the establishment of a permanent office for the Executive Secretary and Treasurer.

1995: Delegates voted during the 23rd Quadrennial Convention to establish a Centralized Office for the day-to-day operations of the Society.

1998: The first office was housed in the AME Zion Publishing House at 402 East Second Street, Charlotte NC with workstations for the Executive Secretary, Mrs. Alice Steele Robinson and Treasurer, Mrs. Elease W. Johnson.

2002: the Centralized Office moved to the A.M.E. Zion Corporate Headquarters at 3225 West Sugar Creek Road, Charlotte NC with offices for the International President, Executive Director, and Treasurer.

The Annual Budget of the Society is \$648,885.00. It is comprised of the General Treasury, Supply Department, Centralized Office, and other income that includes Life Members dues, Departmental Anniversary Days and any other special asking.

2. Reporting your District Quarterly Assessments in a timely manner is essential for the smooth operations of the Society. In 2015, at the 28th Quadrennial Convention, delegates voted to change our fiscal reporting year to coincide with the standard calendar year, January 1 to December 31.

3. All funds (including Life Members Council Dues, Anniversary Day, and other asking) to be credited for the year, should arrive at the Centralized Office no later than December 15.

Why is this date imperative?

4. Our WHOMS Constitution and By-Laws state two weeks after each Quarterly Mass Meeting funds should be reported promptly through and by the District President.

The Quarterly (Reporting) Assessments Form

WOMEN'S HOME AND OVERSEAS MISSIONARY SOCIETY
African Methodist Episcopal Zion Church



ELECTRONIC OR CHECK
DISTRICT QUARTERLY REPORT FORM
CHECK ONE:
ACH
ZELLEPAY

Please Complete
 EPISCOPAL DISTRICT _____
 CONFERENCE _____
 DISTRICT _____
 Year: **Four (4) reporting periods**
 Quarters:
 1st January - March _____ 2nd April - June _____
 3rd July - September _____ 4th October - December _____
 Date: _____ Place of Mass Meeting: _____

BISHOP _____ MISSIONARY SUPERVISOR _____
 DISTRICT PRESIDENT _____ TELEPHONE _____
 ADDRESS _____ CITY _____ STATE _____ ZIP CODE _____

CATEGORICAL REPORTING (Required)

GENERAL TREASURY
(PARENT BODY, YAMA, YOUTH, BUDG)
TOTAL _____

SUPPLY
TOTAL _____

CENTRALIZED OFFICE
TOTALS _____

LIFE MEMBERS DEPARTMENT
LIFE MEMBERSHIPS _____
COUNCIL DUES _____
TOTAL \$ _____

SPECIAL PROJECTS
SECOND MILE AGAPE _____
WALK A MILE _____
WORLD HUNGER _____

ANNIVERSARY DAYS
ANNA L. ANDERSON _____
ANNE W. BLACKWELL _____
EMMA C. CLEMENT _____
MARIE L. CLINTON _____

FLORENCE W. RANDOLPH _____
FOUNDERS DAY (SAM) _____
VICTORIA RICHARDSON _____
WRONGS ANNIVERSARY _____
TOTAL \$ _____

OTHER FUNDS
ECUMENICAL _____
LITERATURE _____
POSTAGE _____
SCHOLARSHIP FUND _____
YAMA AIDS PROJECT _____
TOTAL \$ _____

OTHER ITEMS

TOTAL \$ _____

TOTAL AMOUNT SENT TO EXECUTIVE DIRECTOR
\$ _____
Thank You!
Make payable Check to:
WOMEN'S HOME AND OVERSEAS MISSIONARY SOCIETY
Email to:
redfishham@womocs.org
Contact Information
Phone: 784-488-2178

PLEASE DO THE FOLLOWING:

YOUR FORM MUST BE SUBMITTED TWO (2) DAYS BEFORE YOUR ELECTRONIC PAYMENT

- Email A COPY to Executive Director Email A COPY to Missionary Supervisor Retain A COPY for your records

WHOMS CENTRALIZED OFFICE REMINDERS

- Office Hours: Monday through Thursday 9:00 A.M. to 3:00 P.M.
- Literature and Promotional Items are ordered through the James Varick Christian Bookstore: Monday-Friday 10am-3pm
<https://amezpublishinghouse.org/>- Please call 704-688-2563 for Curb side pick-up
- If you staple or tape your checks, to a Quarterly form or to an order form, it's subject to be torn when opening
- Do not send your assessments, utilizing "CERTIFIED RETURN SIGNATURE MAIL"
- Download the current District Quarterly Reporting Form for submitting funds
- When completing the "MY Buddy" Subscription form, please write legibly
- Please share your updated mailing address and email with the centralized office
- Use PO Box 26846, Charlotte NC 20221 for mailing use 3225 West Sugar Creek Road for sending items/ packages by FEDEX,UPS
- DO NOT SEND CASH MAIL
- An advance notice of a check in the mail is appreciated. A copy of the check by email is NOT ADVISABLE

STOP FOUR

**Fiscal Fare Platform II:
Let's Ride The Money Train
Verdelle Cunningham,
Connectional Treasurer**

Quadrennial Budget 2023-2026



Episcopal District	General Treasury	Supply	Centralized Office	Total Budget
Piedmont	60,348	6,745	12,069	79,162.00
Eastern NC	57,622	7,742	11,525	76,889.00
North Eastern	54,322	7,384	11,154	72,860.00
Western West Africa	1,018.00	188.00	329.00	1,535.00
Eastern West Africa	854.00	168.00	277.00	1,299.00
Mid Atlantic	62,830.00	7,752.00	13,869.00	84,451.00
South Atlantic	25,401.00	4,062.00	5,081.00	34,544.00
Mid-West	38,583.00	4,311.00	7,715.00	50,609.00
Southwestern Delta	9,765.00	1,089.00	1,955.00	12,809.00
Western	5,364.00	600.00	1,073.00	7,037.00
Alabama-Florida	39,896.00	6,109.00	7,978.00	53,983.00
Central Southern Africa	461.00	55.00	91.00	607.00
Total from Episcopal Districts	356,464.00	46,205.00	73,116.00	475,785.00
Income:				
Life Members Department/				150,000.00
Anniversary Days				23,100.00
				173,100.00
Grand Total of Income				648,885.00

Quadrennial Budget
2023-2026



Episcopal District	Annual Budget	QB = 4 Yrs Aggregate Budgeted	QTD = 3.25 Yrs Budgeted \$ Received	% Budgeted \$ Received
Eastern NC	76,889	307,556	259,121	84%
Piedmont	79,162	316,648	253,030	80%
North Eastern	72,860	291,440	226,409	78%
Mid Atlantic	84,451	337,804	257,269	76%
South Atlantic	34,544	138,176	111,883	81%
Mid-West	50,609	202,436	150,858	75%
Alabama-Florida	53,983	215,932	168,644	78%
Western	7,037	28,148	25,627	91%
Southwestern Delta	12,809	51,236	42,355	83%
Central Southern Africa	607	2,428	455	19%
Eastern West Africa	1,299	5,196	1,299	25%
Western West Africa	1,535	6,140	5,855	95%
Total from Episcopal Districts	\$ 475,785	\$ 1,903,140	\$ 1,502,805	79%
Income:				
Life Members Department/	150,000	600,000	458,645	76%
Anniversary Days	23,100	92,400	85,643	93%
Total	\$ 173,100	\$ 692,400	\$ 544,288	79%
Grand Total of Income	\$ 648,885	\$ 2,595,540	\$ 2,047,092	79%

Quadrennial Budget 2023-2026



	Budgeted Income 2023-2026	Actual Income 2023-2026	Difference
Assessments Revenue			
Supply-Appportionment	150,166	145,896	-4,270
General Treasury	1,247,624	1,129,223	-118,401
Centralized Office	237,627	227,685	-9,942
Total Assessments Revenue	\$ 1,635,417	\$1,502,804.54	\$ (132,612.71)
Other Income			
Life Members Department	\$ 487,500	458,645	-28,855
Anniversary Days	\$ 75,075	85,643	10,568
Total Other Income	\$ 562,575	544,288.18	(18,286.82)
Grand Total	\$ 2,197,992	\$2,047,092.72	\$ (150,899.53)

Quadrennial Budget
2023-2026



	Budgeted Expenditures 2023-2026	Actual Expenditures 2023-2026	Difference
Expenditures			
Mission Outreach	407,394.00	407,394.00	0.00
Ecumenical Expense	81,250.00	62,059.00	19,191.00
Administrative Cost	514,800.00	412,231.00	102,569.00
Supply Department	230,100.00	220,000.00	10,100.00
Departments	29,250.00	37,000.00	(7,750)
Centralized Office	331,932.25	365,622.00	(33,690)
	1,594,726.25	1,504,306.00	90,420.25
Life Members Department	514,150.00	359,258.00	154,892.00
Total Budgeted Expenditures	2,108,876.25	1,863,564.00	245,312.25

Non-Budgeted Expenditures 2023-2026



	Income	Expenditures	Difference
2nd Mile/WAM*	47,322	65,437	-18,115
Episcopal Dist/Churches		104,500	-104,500
Scholarships	25,048	28,000	-2,952
BOB Outreach	45,701	73,496	-27,795
WW Africa Legacy	54,281	50,000	4,281
Expenditures	\$ 172,352.00	\$ 321,433.00	\$ (149,081.00)

STOP FIVE

Strategic Planning Platform II:

Camryn Ivey,

Director of Communications



The A.M.E. Zion Church

Women's Home and Overseas Missionary Society

May

August

The Largest and

The Women's Home and Overseas Missionary Society.



How to Scan a QR Code

What You Need

A smartphone (iPhone or Android)

Camera app or QR scanner

A visible QR code

Step 1 — Open Your Camera

Unlock your phone

Open the Camera app

(Most modern phones scan QR codes automatically)

Step 2 --- Point at the QR Code

Hold your phone steady

Make sure the QR code is fully visible

No need to press the shutter button

Step 3 — Tap the Notification

A link or popup will appear

Tap it to open the content

(website, app, menu, etc.)

Tips

Don't scan unknown or suspicious codes

Make sure your internet is on

Hold your phone 6–12 inches away

Step 1: Take a screenshot

- iPhone: Side button + Volume Up
- Android: Power + Volume Down

Step 2: Open the image in your gallery

Step 3: Scan from the image using:

- Built-in tools (some phones auto-detect QR codes)
- Or apps like Google Lens

Built-in Features (iPhone & Android)

On iPhone:

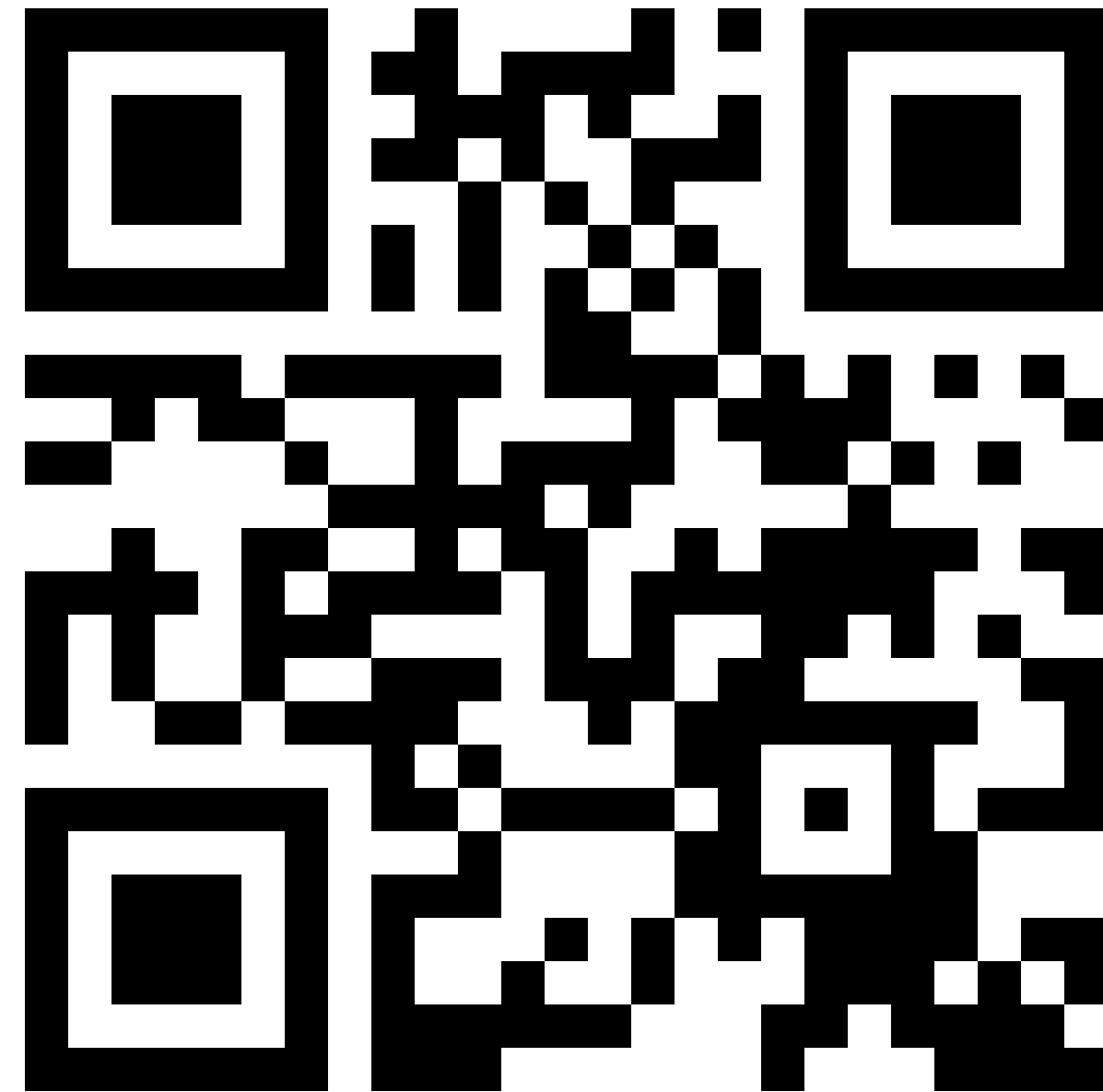
- Open the screenshot in Photos
- Tap and hold the QR code
- Tap the link that appears

On Android:

- Open image in Google Photos
- Tap the Lens icon ()
- It will detect and open the link



Let's Practice



subscribe



Stay connected with WHOMS Emails!

First Name

Last Name

Email Address

Annual Conference



MAIL CHIMP ANALYTICS



STOP SIX

Strategic Planning Platform III:

Effie Woodard

Connectional Recording Secretary



It is essential to appoint a Recording Secretary at your Mass Meeting to ensure proceedings are accurately documented in accordance with Board directives.

The recording officer may be referred to as Clerk, Secretary, or Recording Secretary—an office established within the Constitution.

In certain circumstances, other roles such as Corresponding Secretary, Recorder, or Scribe may also exist.



The Secretary serves as the Recording Officer of the Assembly and is responsible for maintaining its records, unless specific duties are delegated elsewhere.

For electronic meetings, including those conducted via Zoom, it is important to be prepared to record or take minutes for transcription purposes.

The presence of a Recording Secretary is crucial for all official meetings, as meeting minutes are an important record.

